National bullying survey
Children and young people

BullyingUK
Part of **family lives**

81% experienced name calling

55% experienced social bullying

"Making me feel lonely at school, being left out and my friends taking her side."

42% had to take time off school because of bullying

41% were bullied on the way to school

"I have been hospitalised multiple times with PTSD related to bullying."

55% of those bullying feel that counselling would help them

54% feel a support group would help

"It gives you a generally bad feeling about yourself. Whatever I do they just manage to hate me for it."

67% feel depressed as a result of the bullying

40% have had suicidal thoughts and 39% have self-harmed

70% feel angry or aggresive as a result of the bullying

80% were bullied by more than one person

90% of the bullying took place at school

76% during break times
64% in the playground

"I couldn't cope but the school said everything was fine and that if I didn't go to school I would be taken to court."

57% were bullied on Facebook

38% were bullied on Instagram

32% were bullied on SnapChat

52% were subject to false rumours online and 46% were threatened

75% felt the school was unhelpful when dealing with the bullying

50% of young people were bullied about their appearance

63% of those bullied confided in their parents

"I lost everything and have tried to commit suicide but couldn't go through with it no matter how hard."

35% said the social network took no action after it was reported

79% have seen others bullied online

38% now feel unsafe online

76% feel those who bully do so to impress others

National bullying survey
Teachers and schools

BullyingUK
Part of **family lives**

92% have seen verbal bullying at their school

73% have seen social bullying

"Establishing a school values system & positive systems is hugely influential"

27% have seen LGBT bullying a few times a year

36% have been assaulted by pupils

"Student to teacher bullying is often never covered or mentioned as part of school bullying policies."

29% feel restorative justice can help

16% feel counselling could help those who are being bullied

"Social media is the main catalyst for much of the bullying issues we have."

94% feel that lunch and bank staff should be trained on bullying

Only 23% teachers feel confident that they are on top of bullying

76% schools help young people who are being bullied online

77% thave involved parents of the bully

55% of the bullies have been put on report

45% have had police involvement

"I will be more likely to look at this website in future when dealing with bullying issues in my school."

"I try to raise bullying as an issue quite regularly within my school. Many staff feel that there aren't enough consequences for students who bully others."

"Schools are becoming under so much pressure due to financial restraints and reduced staff. This is leading to an increase in behavioural management issues and bullying is on the increase. The pastoral unit has seen a massive decrease in staff so an important issue like bullying is more often than not being put on the back burner."

65% find it hard to keep on top of bullying

82% say lunch is when most bullying occurs and 70% at break times

75% felt teacher presence can help to minimise the bullying

"Frustrated when pupils use the terms 'snitch/grass' so won't report bullying. We try to encourage the role of the bystander. We have various ways the kids can tell us by a bully box or e-mail. Thanks for survey!"

National bullying survey
Parents and carers

BullyingUK
Part of family lives

65% said their child was bullied more than 8 times

95% of bullying took place in school

"Pushed kicked by his friends name calling 'gay boy' - you have no friends!"

33% said their child was bullied online

40% reported it to a social network but didn't get a response

"Logged a report with Police but decided against taking action for fear of recrimination to my child."

40% of parents reported the bullying to head teacher

25% said they have changed schools

"They say "don't bully anyone", or "talk to a teacher" - not very helpful for a child who is scared, vulnerable and has communication issues."

90% said the bullying did not stop once reported

39% felt the school did not take their complaint seriously

57% took time off school and 10% were penalised for this

65% of the bullying was physical

82% of the bullying was verbal bullying

65% of the bullying was social bullying

"Saying that my child is worthless, told to shut up as no one interested in her opinion, no one likes her, she's too fat, and saying I'll try be nice to you tomorrow."

"My son has suffered constant bullying to the point he had 9 months off school 2 years ago. He's now being bullied yet again and school are not helpful in the slightest."

The effects of bullying

88% lower self-esteem
78% emotional issues
86% loss of confidence
67% friendship issues
41% more aggressive
35% scared to go out

50% of parents surveyed experienced bullying in adulthood

48% of the bullying was on appearance 6% was homophobic bullying

55% of young people were able to confide in their parents

60% of those bullied suffered bruising to their body

27% had a child with additional needs

26% said their child with additional needs found it harder to spot the signs of bullying

41% feel the anti bullying policy isn't working well

58% feel permanent exclusion should be the sanction